



## Speaking from experience

### The perspective of a patient advisor

The best health care is built by people who've been there. People like Martha Whall.

Martha has been a patient advisor at Hamilton Health Sciences (HHS) for three years. She volunteered because she wanted to share what she learned caring for her father at the end of his life, to help improve the hospital experience for future patients and families.

Martha advises on end-of-life initiatives at HHS. Most recently, she's been contributing to a project on improving [end-of-life communication](#). The team she's working with has created a toolkit to guide and encourage conversations about

mortality between older adults, their families, and their healthcare teams.

## The right tools to guide conversation

Builds to identify

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Identify

rather

ranging from our Accreditation Steering Committee to the expansion of our stem cell program

[Click here](#) for information on becoming a volunteer patient and family advisor