



and resources through an innovative software called W L L O W developed by Evidence-Based Practice Institute. W L L O W provides video instruction, handouts, and depression/anxiety measurement tools as well as self-management/self-treatment tools for those receiving treatment.

*it has proven success with giving community providers the*

community.

*ensuring the project can continue to grow to best suit the needs of the community*

The funding supports the development and evaluation of the project. Data will be collected over the course of a year to evaluate the implementation process for the participating community providers. The project team can then determine if adjustments are needed. This will ensure the project can continue to grow to best suit the needs of the community.

There are currently 10 organizations participating in the project, including Niagara Region Public Health, Gillian's Place, Grimsby Life Centre, Pathstones and multiple medical practices. Currently, training is complete and they are ready to begin implementing the program with patients.